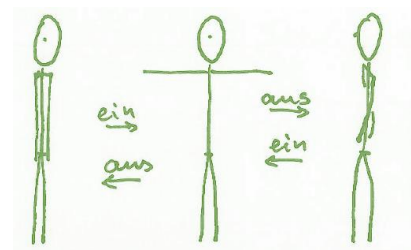
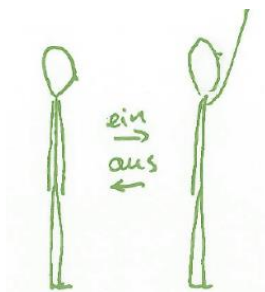
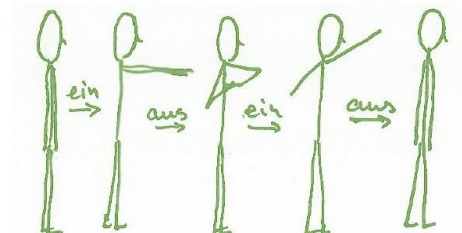
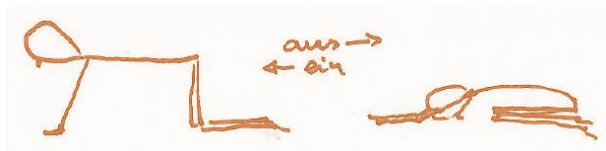
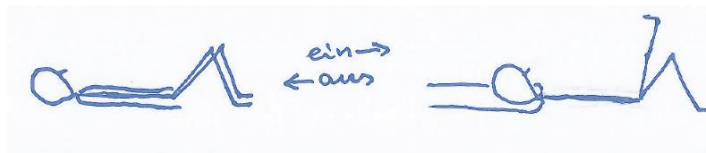
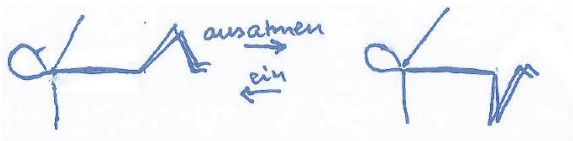
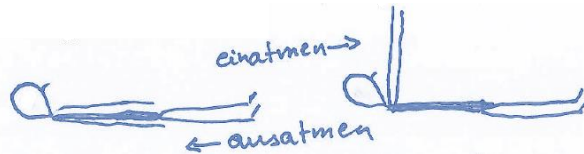
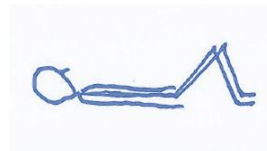
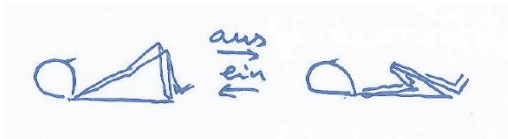
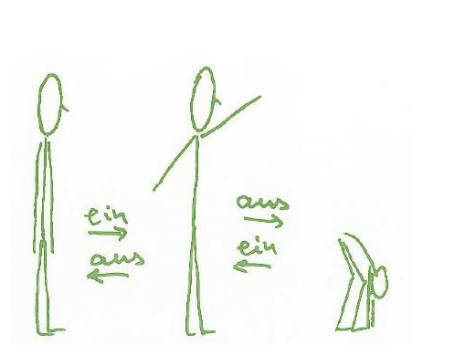
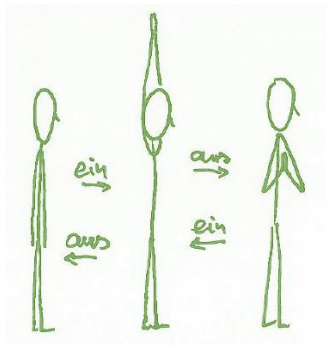


MBSR Kurs - Yogaübungen

Höre auf die signale deines körpers und gehe nie über schmerzgrenzen hiaus!!





Was ist, darf sein,
 Was sein darf, kann sich verändern
 (Fritz Perls)